

Ration Pack Menu Options

	<u>Menu 1</u>	<u>Menu 2</u>
<u>Breakfast</u>	Bacon, Omelet, Beans	Bacon, Omelet, Beans
<u>Dinner</u>	Cream of tomato Soup	Cream Of Tomato Soup
	Lamb Curry & rice	Chicken Tikka Massala & Rice
<u>Pudding</u>	Chocolate Pudding with Chocolate Sauce	Chocolate Pudding with Chocolate Sauce
<u>Snacks</u>	Tuna In light Mayo, Lucozade Isotonic Drink, Plain Chocolate Drink	Tuna In light Mayo, Lucozade Isotonic Drink, Plain Chocolate Drink

	<u>Menu 3</u>	<u>Menu 4</u>
<u>Breakfast</u>	Chicken Sausage omelet, Beans	Chicken Sausage omelet, Beans
<u>Dinner</u>	Chunky Lentil & veg Soup	Chunky Lentil & veg Soup
	Steak & veg (stew)	Meatballs & pasta
<u>Pudding</u>	Sponge & Custard	Sponge & Custard
<u>Snacks</u>	Cheese Snack, Lucozade Isotonic Drink, Plain Chocolate Drink	Cheese Snack, Lucozade Isotonic Drink, Plain Chocolate Drink

	<u>Menu 5</u>	<u>Menu 6</u>
<u>Breakfast</u>	Pork Sausage omelet & beans	Pork Sausage omelet & beans
<u>Dinner</u>	Cream of Veg Soup	Cream of Veg Soup
	Chicken & Herb Dumplings	Chicken Arrabiata With Pasta
<u>Pudding</u>	Toffee Pudding in Toffee Sauce	Toffee Pudding in Toffee Sauce
<u>Snacks</u>	Cheese Snack, Isotonic Lemon Drink, Chocolate Orange Drink	Cheese Snack, Isotonic Lemon Drink, Chocolate Orange Drink

	<u>Menu 7</u>	<u>Menu 8</u>
<u>Breakfast</u>	Corned Beef Hash	Corned Beef Hash
<u>Dinner</u>	Chicken & Sweetcorn Soup	Chicken & Sweetcorn Soup
	Chunky Chicken Chilli & Rice	Tuna Rigatoni
<u>Pudding</u>	Treacle Pudding	Treacle Pudding
<u>Snacks</u>	Ham & beef Pate snack, Lucozade isotonic orange Drink, Mint Chocolate Drink	Ham & beef Pate snack, Lucozade isotonic orange Drink, Mint Chocolate Drink

	<u>Menu 9</u>	<u>Menu 10</u>
<u>Breakfast</u>	All Day Breakfast	All Day Breakfast
<u>Dinner</u>	Cream of Chicken Soup	Cream Of Chicken Soup
	Lamb Naverin	Beef Ravioli in Mushrooms Sauce
<u>Pudding</u>	Lemon Sponge	Lemon Sponge
<u>Snacks</u>	Chicken & herb pate, Lucozade isotonic orange drink, Mint Chocolate Drink	Chicken & Herb Pate, Lucozade Isotonic orange Drink, Mint Chocolate Drink